

#### **Job Description**

#### **PCN Nurse Practitioner**

**Post title:** PCN Nurse Practitioner

Responsible to: PCN Clinical Team Leader

Accountable to: PCN Clinical Director

Base: Canvey Island Primary Care Network

#### Job summary

The main aim of this role is to increase health and wellbeing of patients through improved screening, identification, and disease management. This will entail a mixture of clinics, ward rounds, outreach events and home visits, as directed.

The post holder will work collaboratively with the general practice and wider Primary Care Network team to meet the needs of patients, support the delivery of PCN objectives, act as a role model to junior staff and demonstrate a caring and compassionate attitude.

Working within their scope of practice and professional boundaries, the post holder will provide high quality care the presenting patient including: consultation and history taking, physical assessment and examination, recording and interpretation of observations/investigations, recognising red flags and need for escalation of care, propose treatment plans and prescribe appropriately (where qualified to do so). They will also demonstrate safe and competent clinical decision-making according to policies, procedures, local and national guidelines.

They will communicate effectively and work collaboratively with the general practice, wider PCN team and other health and social care providers.

They will act professionally, according to the requirements of their regulatory body, adhere to confidentiality, and record appropriate, accurate and contemporaneous notes.

The Practitioner will work in partnership with the Clinical Auditor and Healthcare Assistant to achieve the effective management of chronic diseases of patients.



This role will be focused on specific mandatory Quality Outcomes Framework (QOF) measures across the PCN which include:

- Cardiovascular disease
  - Atrial Fibrillation
  - Heart Failure
  - Hypertension
  - Peripheral Arterial Disease
  - Stroke/TIA
  - Diabetes
  - Learning Disability
  - Obesity
  - Cancer Screening (cytology, if appropriate)
  - Early Cancer Diagnosis
  - o COPD

### **Detailed responsibilities**

#### Clinical

- Assess, aid diagnosis, plan, implement and evaluate treatment/interventions and care for patients;
- Clinically examine and assess patient needs from a physiological and psychological perspective, and plan clinical care accordingly.
- Assess diagnosis, plan, implement and evaluate interventions/treatments for patients with complex needs. Proactively identify, diagnose and manage treatment plans for patients with or at risk of developing a long-term condition.
- Diagnose and manage both acute and chronic conditions, integrating both drug- and non-drugbased treatment methods into a management plan.
- Review medication for therapeutic effectiveness, appropriate to patient needs and in accordance with evidence-based practice and national and practice protocols, and within scope of practice.
- Work with patients in order to support compliance with and adherence to prescribed treatments.
   Provide information and advice on prescribed or over-the-counter medication on medication regimens, side-effects and interactions.
- Prioritise health problems and intervene appropriately to assist the patient in complex, urgent or emergency situations, including initiation of effective emergency care.



- Support and educate patients to adopt health promotion strategies that promote healthy lifestyles, and apply principles of self-care.
- Implement and participate in vaccination and immunisation programmes for both adults and children.

#### **Clinical Governance**

- Ensure that home visits are undertaken safely in line with the organisation's lone worker and health & safety policies.
- Ensure that patient identifiable information, laptops and smartcards are transported in line with the information governance policy.
- Prescribe treatment in line with local and national guidelines and the CCG formulary.
- Ensure accurate and legible notes of all consultations and treatments are recorded promptly in the patient's notes on SystmOne.
- To maintain infection control standards in varied and challenging environments in line with the organisation's infection control policy and procedural guidance.
- To ensure the safety of patients, relatives and colleagues and to report all incidents and 'near misses' in line with the risk management policy.
- To remain up-to-date with all mandatory training.
- To maintain up-to-date knowledge of safeguarding adult and children guidance to ensure that those
  at risks of abuse/suffering abuse are identified and the necessary process to protect them is
  followed.
- To meet responsibilities as an employee as set out in the organisation's corporate and clinical policies.
- Ensure accurate completion of all necessary documentation associated with patient health care.
- Complete statutory and mandatory training, as required.

## Communication

- Liaise and interact with multi-professional teams across organisational boundaries, including primary care, social services and secondary care providers according to patient needs and appropriate care pathways.
- Maintain communication with all healthcare professionals and outside agencies to ensure seamless, patient-centre service provision.
- Ensure effective communication so that the patient receives the appropriate level of care and wherever possible to avoid unnecessary hospital admission.
- Communicate effectively with other team members.



- Communicate effectively with patients and carers, recognising their needs for alternative methods of communication.
- Positively communicate advice and guidance about health promotion and lifestyle change.
- Delicately and empathetically discuss sensitive topics.

#### Personal and people development

- Act as a role model to peers and positively represent your profession, organisation and NHS.
- Operate as an effective member of the PCN.
- Act as a mentor for the PCN Healthcare Assistant.
- Take responsibility for own continuing professional developmental learning, participate in selfevaluation and refection.
- Take responsibility for maintaining a record of own continuing professional development.
- Identify and communicate learning, training and development needs.
- To recognise and understand the roles and responsibilities of individuals working in the wider PCN.

#### Health, safety and security

- Adopt a risk-assessment approach to all activities.
- Report perceived risks to the appropriate, responsible person.
- Adhere to the lone-worker policy.
- Ensure patient records are recorded and stored safely according to policy.

#### **Service improvement**

- Assist in clinical audit processes.
- Engage with peer and service evaluation activities.
- Share ideas for improvements and efficiencies.
- Take an interest in the wider development of the PCN and local NHS services.

#### Quality

- Alert the Clinical Team Leader/other team members to issues of quality and risk in the care of patients.
- Ensure own actions are high quality and consistent with clinical governance.
- Practice in accordance with agreed standards of care.
- Enable patients to access appropriate professionals in the team.
- Ensure stock items under your control are replenished or reported, as appropriate.
- Be aware of practice-specific policies and procedures.
- Demonstrate effective time and work-load management.



## **Equality and diversity**

- Act in ways that recognises and respects patient's choices and wishes.
- Respect the privacy, dignity, needs and beliefs of patients and carers.
- Understand basic legal and communication issues regarding abuse, violence, vulnerable adults, substance abuse and addictive behaviours.

## Information processes

- Record daily activities and information undertaken in an accurate and timely fashion using IT, as appropriate.
- Maintain accurate and contemporaneous electronic patient records on SystmOne.
- Maintain the confidentiality of sensitive information relating to patients, relatives, staff and the practice.
- Maintain accurate and contemporaneous electronic patient records on SystmOne.
- Omit patient-identifiable information, as appropriate when sharing data.

This JD is not intended to be an exhaustive list of activities but rather an outline of the main areas of responsibility. The role is likely to evolve to meet the changing needs of the service.



# **Person Specification**

## **Nurse Practitioner**

Areas	Essential	Desirable (D) / Essential (E)
		Loseitiai (L)
Professional	Registration with the Nursing & Midwifery	E
	council	
Physical	Be able to carry out the duties of this post	E
Education/	Evidence of level 7 education or equivalent	D
experience	Relevant nursing/health degree or qualification	E
	Minimum 3 years post registration experience	E
	Advanced clinical skills and knowledge	E
	Management of patients with complex needs	E
	Knowledge of public health issues relating to the local population	E
	Be able to demonstrate experience working at an advanced level	E
	Consultation skills	E
	Good working knowledge of SystmOne	E
	Knowledge/understanding of the Primary Care     Network Direct Enhanced Service, local CCG     vision/values and how primary care fits in with	E
	<ul> <li>Teaching/mentorship qualification or demonstrable evidence</li> </ul>	D
	Understanding current issues within in the wider NHS	E



Demonstrates professional pride	E
Mentorship and leadership qualities	
Able to manage own time and prioritise work	E
effectively	E
<ul> <li>Able to work well with others and deal with the challenges of ever changing and demanding situations</li> </ul>	E
Excellent communication skills	E
Ability to manage high pressure situations e.g. clinical crisis	E
Ability to integrate the care of the patient by many and various other clinical staff	E
Willingness to work flexibly in order to deliver clinically effective and cost-effective healthcare	E
<ul> <li>Evidence/demonstration of the sound clinical knowledge of a wide range of long-term/chronic conditions</li> </ul>	E
<ul> <li>Understanding of the Quality Outcome Framework (QoF)</li> </ul>	
Willingness to loarn and develop	D -
Willingness to learn and develop	E
<ul> <li>Act as an autonomous practitioner whilst working within their scope of practice.</li> </ul>	E
<ul> <li>Core knowledge of the anatomy, physiology and pathophysiology relating to chronic disease and illness.</li> </ul>	E
<ul> <li>Independent or supplementary prescribing qualification</li> </ul>	D



	Be adaptable to the changing needs and pressures of primary care
Additional	Full, UK driving licence
Requirements	