

East Anglia Children's Hospices - EACH

Job Description



Job Title: Child and Young Person Counsellor

Responsible to: Locality Wellbeing Lead

Directorate: Care

Job Summary:

Providing therapeutic support to children and young people and their families living with severe medical complexity, life threatening or life shortening conditions,, anticipatory grief, trauma and bereavement. Working across hospice, community and educational settings, delivering 1:1 and group counselling interventions face to face and remotely and applying counselling knowledge in consultation with professional networks around children and young people.

Holding a varied clinical caseload, completing detailed assessments, contributing to service development, and offering guidance and informal support to colleagues involved in emotional-wellbeing work.

Responsibilities

- Provide counselling for children, young people and families affected by severe medical complexity, life threatening or life shortening conditions, trauma, loss and bereavement.
- Manage a varied caseload and be supported to work with presentations related to trauma, risk, grief and safeguarding concerns.
- Undertake comprehensive assessments, formulations, risk assessments and regular reviews.
- Contribute to the delivery of individual, group and family therapeutic interventions using developmentally appropriate and inclusive approaches.
- Liaise with multi-agency professionals to ensure safe, integrated and effective support.
- Maintain accurate clinical records using approved systems (e.g., SystmOne).
- Provide pre- and post-bereavement counselling and psychoeducation for children, young people and families.
- Support families with key decisions, memory making and end-of-life planning..
- Act as a point of contact for schools and colleges supporting children and young people affected by illness or bereavement.

- Contribute to the delivery of workshops and training on grief, loss, trauma and emotional wellbeing within education settings.
- Contribute to the design, delivery and evaluation of therapeutic groups, peer-support sessions and family workshops.
- Contribute to organisation-wide events such as Memory Days and Universal Groups.
- Contribute to internal training on child development, grief, communication, trauma-informed practice and emotional wellbeing.
- Contribute to the development of educational materials and e-learning resources.
- Participate in audits, quality improvement activity, outcome measurement and service evaluation.
- Act in accordance with safeguarding legislation, organisational policy and risk-management procedures.
- Identify and escalate safeguarding concerns promptly and appropriately.
- Maintain up-to-date safeguarding training and contribute to a safe working culture.

General requirements

- Maintain confidentiality in all areas of work at EACH.
- Ensure that your conduct within and outside EACH does not conflict with organisational expectations and values as below.
- Actively support and promote EACH and all its policies.
- Promote the safeguarding and welfare of children, young people and vulnerable adults
- Ensure an awareness and observation of Fire and Health and Safety Regulations.
- Ensure the respect, dignity and rights to privacy of children, young people and their families as far as possible.
- Act as a representative of EACH by championing our mission and values and supporting an inclusive and respectful working environment for all.
- The role of volunteers is integral with the work of EACH, and employees are required to underpin this in their attitude and actions.

EACH - Values

Empathy, understanding and inclusion

Understanding the views and feelings of others is central to our work relationships and how we interact daily. We actively encourage unique perspectives, backgrounds, and experiences of others, fostering an environment where all voices feel valued.

Commitment to quality

We consistently employ our best efforts and strive for the highest standards in everything that we do, always looking for ways to improve.

Open, respectful and accountable

We operate in an honest, respectful and collaborative way, encourage open constructive feedback and celebrate diverse viewpoints. We are mindful of the power of our words, actions and biases, and hold ourselves accountable to ensure a safe and inclusive environment for everyone.

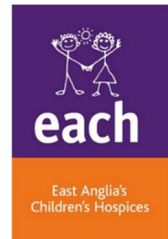
Make it happen

We are empowered to take responsibility for getting things done.

This job description reflects the present requirements of the post. As duties and responsibilities change and develop, the job description will be reviewed and is subject to amendment in consultation with the post holder.

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Person Specification



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	Essential	Desirable
Knowledge/ Training	<ul style="list-style-type: none"> • Recognised counselling/psychotherapy postgraduate qualification specific to therapeutic work with CYP level 5 and above. • UKCP Registered or BACP accredited (or working towards accreditation) or equivalent counselling accreditation • Regulating body allows practice with both adults and children 	<ul style="list-style-type: none"> • Training in systemic practice or family therapy. • Evidence of ongoing CPD, relating to CYP, trauma, and bereavement. • Qualification in online counselling
Experience	<ul style="list-style-type: none"> • Relevant experience providing counselling to children, young people and families. • Experience working with grief, loss, complex trauma and emotional distress. • Experience conducting assessments, reviews and risk management. • Experience working in multi-agency settings such as schools and health services. 	<ul style="list-style-type: none"> • Experience in hospice, palliative care or bereavement services. • Experience delivering training or facilitating groups.
Skills & Abilities	<ul style="list-style-type: none"> • Ability to manage a complex caseload. • Strong ability to communicate with children, young people, adults and professionals. • Ability to adapt approach to best meet individual needs of CYP. 	<ul style="list-style-type: none"> • Ability to deliver training and group programmes.

	<ul style="list-style-type: none"> • Skilled in assessment, risk management, and therapeutic formulation • Ability to work flexibly, including across multiple sites e.g. schools 	
Other Requirements	<ul style="list-style-type: none"> • Commitment to safeguarding and ethical practice. • Willingness to work across hospice sites, community settings and education venues. • Current full, valid driving license and access to own vehicle. 	